

Dear Athlete:

You have been identified as needing a new Impact baseline for your current sport season. Due to COVID-19, you are being allowed to complete this test at home.

Failure to complete this test by the deadline may prevent you from continuing to practice or participate in events/games until completed. A full set of instructions can be found below.

Thank you and good luck!

Morgan Schrankler

Morgan.Schrankler@ridgviewmedical.org

DEADLINE FOR COMPLETION: Wednesday August 23rd by Noon

- **If you cannot Test at home, we will have an opportunity on Friday, 8/18 at the middle school west cafeteria from 10-11:30. If you plan to test in person you need to bring your Chromebook or a laptop charged to take the test on. Please let Coach Michael know if you need to take it at the school.**
- **At home you will need to take the test on your Chromebook, laptop, or a computer. Phones will not work for you to take the test**

INSTRUCTIONS:

1. **BEFORE starting the test, ensure the following:**
 - a. You are well-rested and not under the influence of alcohol or drugs
 - b. Test environment is quiet and distraction-free
 - c. Cell phones and other devices are turned off or away from the testing area
 - d. Computer, Chromebook, laptop, etc. is plugged into an electrical outlet
 - e. All other browser tabs and programs are closed
 - f. Pop-up blockers are turned off
 - g. **Plan to use an external mouse if you have one**
2. **Testing Instructions:**
 - a. Go to the following site: www.impacttestonline.com/schools

- b. In the customer code box, type the appropriate code associated with your school:
 - i. **Chanhassen: 22fd9dc6dd**
 - ii. **Chaska: 34638897d3**
- c. Click "Validate"
- d. Click "Launch Baseline Test"
- e. Click "Next" to keep test language in English
- f. Click "Next" at the instructions page
- g. Fill in your name, DOB, gender & pointing device (mouse if using a mouse and tracking pad if using the pad on your Chromebook) and then click "next"
- h. Answer the 3 questions; click "next"
- i. Click "Skip Additional Demographics"
- j. Click "next" on the additional symptoms page
- k. Please click "0" for all of the symptoms at this time; there are 22 symptoms; click "next" at the end of each page until you reach the official instructions page
- l. **PLEASE CAREFULLY READ THE INSTRUCTIONS BEFORE EACH SECTION OF TEST**
- m. Complete the test; [email the test to yourself](#)
- n. Once you have received your Impact Passport ID, you may log off. You will be notified if there are any concerns with your test.